



Hello

Welcome and thank you for purchasing a ticket to attend our:
BEGINNERS GUIDE TO CRYSTALS MASTERCLASS

Your ticket is for the class on: Saturday 24th April 2021

Time: 7-9pm GMT

If you are an international customer please refer to the [worldclock](#) for your local time.

ZOOM LINK

All our online events are presented on [Zoom](#). Please make sure you have downloaded their app and it's ready to go in advance. Using Zoom is easy but if you experience any problems they have an in-depth [resource](#) area to guide and support you.

ON THE DAY OF THE EVENT

We always start on time so please log into the class 5 minutes early. You will be held in a waiting room until our teacher, Gemma, is ready.

The class will include slides and real crystal examples. Gemma will guide you through the process of understanding and working with these precious stones. It is a very practical course so please ideally print out our handout in advance so you can complete it as we go. That handout is page 2-5 of this PDF.

The class will run for the full 2 hours. Then Gemma will stay back to work through everyone's questions; making sure they are all answered.

WHAT TO BRING WITH YOU

Once you have printed the handout, here are some optional extras you can bring along:

- Some of your crystals if you have already started a collection
- A pen or pencil
- Hot drink and bottle of water

We hope the above answers all of your questions but if you still need our guidance please contact us via our [website](#).



CONSCIENCE
CRYSTALS

QUICK LINKS

[Download Zoom](#)

[Join Zoom Meeting](#)

[Contact Us](#)



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BEGINNERS GUIDE TO CRYSTALS

PICKING YOUR CRYSTAL:

FIRST PICK:













SECOND PICK:

THIRD PICK:

FINAL PICK:

NOW YOU HAVE SELECTED YOUR CRYSTAL, LET'S START TRANSLATING IT:

WHAT DOES IT'S COLOUR MEAN?

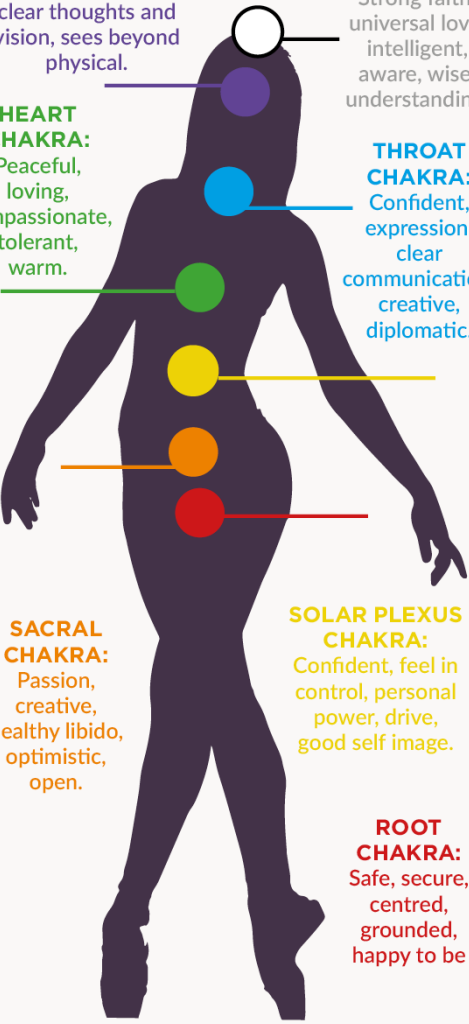
	Red: Anger, danger, warmth and passion. Fire Element. Menstruation and reproduction. Can increase heart rate.
	Orange: Bright, fun, friendly, successful and playful. Spiritual in some cultures.
	Yellow: Positive, optimistic, confident and energetic. Happy. Sun, earth element.
	Green: Growth, rebirth, nature and stability, endurance and abundance. It's connection to the earth elements makes it growing, balancing and harmonizing. Is connected to wealth.
	Blue: Trusting and peaceful. Is connected to strength and reliability. Masculine, Fatherhood. With it's connection to the water elements it can calm the heart rate and nervous system.
	Purple: Nostalgic, sentimental and sophisticated. Symbolises wealth and luxury, as well as intuition and spirituality.
	Pink: Feminine, motherhood, compassion, sentimental and youthful.
	Brown: Honesty, Grounding, with a connection to nature.
	White: Simplicity and purity, Spirituality and cycles of the moon, Higher energies.
	Black: Bold, powerful, classic, confident. Darker energies.
	Grey: Natural, moody, finding the middle-ground.
	Gold: Wealth, prosperity, wisdom and tradition.



WHAT IS MY CRYSTAL'S CORRELATING CHAKRA(S) AND WHAT DOES IT MEAN?

CHAKRA(S):

MEANINGS:











BALANCED	BLOCKED	OVER-ACTIVE	USE THESE CRYSTALS
<p>THIRD-EYE CHAKRA: Imaginative, intuitive, clear thoughts and vision, sees beyond physical.</p> <p>HEART CHAKRA: Peaceful, loving, compassionate, tolerant, warm.</p> <p>SACRAL CHAKRA: Passion, creative, healthy libido, optimistic, open.</p>  <p>CROWN CHAKRA: Strong faith, universal love, intelligent, aware, wise, understanding.</p> <p>THROAT CHAKRA: Confident, expression, clear communication, creative, diplomatic.</p> <p>SOLAR PLEXUS CHAKRA: Confident, feel in control, personal power, drive, good self image.</p> <p>ROOT CHAKRA: Safe, secure, centred, grounded, happy to be</p>	<p>Depression, learning difficulties, weak faith, anger at divine, brain fog.</p> <p>Poor judgement, lacks focus, poor imagination, can't see beyond physical.</p> <p>Can't express self or speak out, misunderstood, secretive, not a good listener.</p> <p>Lack of empathy, bitter, hateful, trust issues, intolerant.</p> <p>Low self-esteem, feeling powerless, inferiority complex.</p> <p>Low libido, fear of intimacy, no creativity, isolated.</p> <p>Fearful, anxious, unsure, financial instability, ungrounded</p>	<p>Dogmatic, judgemental, spiritual, addiction, ungrounded.</p> <p>Nightmares, delusions, hallucinations, obsessive, see too many spirits.</p> <p>Opinionated, loud, critical, gossipy, yell or talk over others, harsh words.</p> <p>Jealous, co-dependant, self-sacrificing, give too much.</p> <p>Power hungry, domineering, perfectionist, critical.</p> <p>Over-emotional, fixated on sex, hedonistic, manipulative.</p> <p>Greedy, lust for power, aggressive, materialistic, cynical.</p>	<p>Clear Quartz, Selenite, Moonstone, Fluorite, Amethyst, Labradorite</p> <p>Amethyst, Lapis Lazuli, Lolite, Sapphire, Sodalite.</p> <p>Lapis Lazuli, Blue Lace Agate, Angelite, Turquoise, Amazonite, Kyanite, Blue Tigers Eye, Blue Topaz.</p> <p>Rose Quartz, Green Aventurine, Rhodocrosite, Rhodonite, Amazonite, Malachite, Unakite.</p> <p>Citrine, Tigers Eye, Amber, Yellow Calcite, Topaz</p> <p>Carnelian, Peach Moonstone, Orange Aventurine, Orange Calcite.</p> <p>Garnet, Smoky Quartz, Red Jasper, Red Tigers Eye, Obsidian, Black Tourmaline, Bloodstone.</p>



WHAT IS MY CRYSTAL'S CORRELATING ELEMENT(S) AND WHAT DOES THAT MEAN?

ELEMENT(S):

MEANINGS:

<p><i>Earth</i></p> 	<p><i>Fire</i></p> 	<p><i>Water</i></p> 	<p><i>Air</i></p> 	<p><i>Storm</i></p> 
<p>EARTH ELEMENT Governs the structures of our life.</p>	<p>FIRE ELEMENT Where we put energy, physically and mentally:</p>	<p>WATER ELEMENT Emotional Aspects:</p>	<p>WIND ELEMENT Mental Aspects.</p>	<p>STORM ELEMENT When all four elements are activated together.</p>
<p>First Chakra: Root Chakra.</p>	<p>Second and Third chakra: Sacral and Solar Plexus.</p>	<p>The Fourth and Fifth Chakra: Heart and Throat Chakra.</p>	<p>Sixth and Seventh Chakra: Third Eye and Crown Chakra.</p>	<p>The Soul Star Chakra: Massive transformations, cleansing and balancing are taking place. These crystals are used for very short periods when tremendous change is happening.</p>
<p>Physical Support: The skeletal structure.</p>	<p>Physical Support: Metabolism, plus our reproductive and digestive system.</p>	<p>Physical Support: Circulatory and Lymphatic System, plus all bodily fluids.</p>	<p>Physical Support: Respiratory, brain function and mental abilities.</p>	
<p>Emotional Support: changes in the established structures of your life (ie the dense physical plan) ending long term relationships, changing career, moving house, increasing finances, changing your physical body.</p>	<p>Emotional Support: How we use our will and personal power, our creativity and sexual expression, our ability to work towards our goals and dreams and overcome anger and fear issues. Work done here will highlight where personal energy is blocked or misused.</p>	<p>Emotional Support: Release the past and be confident about the future. Communicate our feelings and truth to others. Feel more love and compassion. Improves sleep and reduces depression.</p>	<p>Emotional Support: Spiritual and self development, learning and Intuition.</p>	<p>Changes with these crystals work internally, externally and on a soul level.</p>
<p>Crystals: Moss Agate, Jasper, Obsidian, Smoky Quartz</p> 	<p>Crystals: Carnelian, Vanadinite, Citrine</p> 	<p>Crystal: Emeralds, Rose Quartz, Pink, Green and Watermelon Tourmaline, Kunzite.</p> 	<p>Crystal: Fluorite, Selenite, Celestite.</p> 	<p>Crystal: Moldivite, Clear Quartz, Tourmalated Quartz, Turquoise, Diamond, Herkimer Diamond.</p> 
<p>Starsigns: Capricorn, Taurus, Virgo</p>	<p>Starsigns: Aries, Leo, Sagittarius</p>	<p>Starsigns: Cancer, Scorpio, Pisces</p>	<p>Starsigns: Libra, Aquarius, Gemini</p>	<p>Starsigns: All star signs are connected to storm.</p>



CRYSTAL FORMATION:

LOOKING AT IT, HOW DO YOU THINK YOUR CRYSTAL WAS FORMED?:

- IGNEOUS**
- SEDIMENTARY**
- METAMORPHIC**

WHAT PROPERTIES DOES THAT GIVE MY CRYSTAL?

IS IT:

- TRANSPARENT - WITH MORE ESOTERIC & ENERGY BODY PROPERTIES**
- DENSE - WITH MORE PHYSICAL BODY & PHYSICAL WORLD PROPERTIES**

WHAT SHAPE IS IT AND WHAT DOES THAT MEAN?

DOES IT HAVE:

- A RAINBOW - AMPLIFYING THE CRYSTAL'S ENERGY**
- AN ENHYDRO - ADDING A WATER OR EMOTIONAL ELEMENT TO THE CRYSTAL**

FINALLY:

CONSIDERING ALL OF THE ABOVE. WHY IS THIS CRYSTAL SIGNIFICANT TO ME?

EXTRA NOTES:

